



## AUTUMN PROGRAMME

Cockerton Outdoor Activity Club (COaC) exists to serve the spiritual, mental and physical development of the individuals and families of our local community through outdoor activities and the Christian faith.

Welcome to the COaC Autumn programme for 2011. If you wish to join us for any of the activities please give the contact person a call, it would be great if you could join us.

Please give the contact person at least 48 hours before the event. To avoid disappointment we suggest you book early, as there are limited numbers on some activities.

### September

Sat 17 <sup>th</sup>	Ripon Canal canoe trip (suitable for all ages)	Paul H
Sun 25 <sup>th</sup>	Archery *	Heather

### October

Sat TBC	River Canoe Trip (to be arranged adhoc, please contact if your interested)	Paul R
Sun 16 <sup>th</sup>	Archery *	Heather

### November

Sat TBC	River Canoe Trip (to be arranged adhoc, please contact if your interested)	Paul R
Sun 13 <sup>th</sup>	Archery *	Heather
Sun 27 <sup>th</sup>	Archery *	Heather

### December

Sat TBC	River Canoe Trip (to be arranged adhoc, please contact if your interested)	Paul R
Tue 27 <sup>th</sup>	Family Walk *	Adrian

\* Suitable for all ages and abilities - under 18s need to be supervised by a responsible adult

Sessions are charged to cover venue's admission fees but this cost does not cover the wear and tear to the equipment - a donation towards the upkeep of the equipment would be welcome! We encourage the sharing of vehicles to reach destinations further away from Darlington and we will always meet in Darlington to facilitate this.....please offer to pay towards your drivers costs.

Other activities we are able to provide are listed on the website - [www.coacin2venture.org.uk](http://www.coacin2venture.org.uk) if you are interested in any of these activities please contact any of the instructors - if we have sufficient interest we can attempt to

### Contact numbers

Paul R.	(07802) 591004	Ben Connor	(01325)-381279
John	(01325) 489616	Adrian and Fiona	(01325) 240201
Paul and Heather H.	(01325) 357090	Andy Hatch	(01325)-721918

COaC In2venture is part of the Christian Charity In2venture (registered number 518891)

A network of Christian communities committed to enabling the exploration and expression of faith through outdoor activity