

COaC In2venture

SPRING PROGRAMME

Cockerton Outdoor Activity Club (COaC) exists to serve the spiritual, mental and physical development of the individuals and families of our local community through outdoor activities and the Christian faith.

Welcome to the COaC Spring programme for 2011. If you wish to join us for any of the activities please give the contact person a call, it would be great to see you.

Please give the contact person at least 48 hours before the event .To avoid disappointment we suggest you book early, as there are limited places on some activities.

January

Tue 25	Night Navigation / walk	Adrian / Andy
Sat 29	River Canoe Trip	Paul R
Sun 30	Archery - Beginners*	Paul H

February

Sun 20	Archery - Beginners*	Paul H
Wed 22	Night Navigation / walk	Adrian / Andy
Sat 26	River Canoe Trip	Paul R

March

Sun 20	Archery - Beginners*	Paul H
Wed 23	Night Navigation / walk	Adrian / Andy
Sat 26	River Canoe Trip	Paul R.

April

Sat 9	Mountain Biking - Beginners *	Adrian
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* Suitable for all ages and abilities - under 18s need to be supervised by a responsible adult

Activities are usually free, however we may have to charge to cover a venue's admission fees.

Donation towards the upkeep of the equipment are welcome!

We encourage the sharing of vehicles to reach destinations away from Darlington

Please be considerate by offering to pay towards your drivers costs.

We are able to provide other activities, these are listed on our website

www.coacin2venture.org.uk if you are interested in any of these activities please contact any of the instructors - if we have sufficient interest we can arrange an activity.

Contact numbers

Paul R.	07802 591004	Ben	01325 381279
John	01325 489616	Adrian and Fiona	01325 240201
Paul H and Heather H.	01325 357090	Andy	01325 721918

COaC In2venture is part of the Christian Charity In2venture (registered number 518891)

A network of Christian communities committed to enabling the exploration
and expression of faith through outdoor activities.