

# COaC In2venture

## SPRING PROGRAMME

Welcome to the COaC winter adventure programme for 2010. If you wish to join us for any of the activities please give the contact person a call, it would be great to see you.

Please give the contact person at least 48 hours before the event .To avoid disappointment we suggest you book early, as there are limited numbers on some activities.

### January

Sat 9	River Canoe Trip	Paul R.
Thu 28	Night Navigation / walk	Paul H / Andy H
Sun 24	Archery - Improvers @ St Mary's Church Hall	Paul H

### February

Sat 6	River Canoe Trip	Paul R.
Sun 21	Archery - Introductory/Improvers *	Paul H

### March

Sat 6	River Canoe Trip	Paul R.
Sat 20	Mountain Biking - Beginners *	Adrian

### April

Sun 25	Parent & children caving (very easy)	Paul R / Adrian
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\* Suitable for all ages and abilities - under 18s need to be supervised by a responsible adult

Sessions are charged to cover venue's admission fees but the cost does not cover wear and tear to COaC's equipment - a donation towards the upkeep of the equipment would be welcome! We encourage sharing vehicles to reach destinations away from Darlington and we will always arrange to meet in Darlington to facilitate this .... please offer to pay towards your driver's fuel costs.

### Contact numbers

Paul R.	(07802) 591004	Jane	(01325) 460572
John	(01325) 489616	Adrian and Fiona	(01325) 240201
Paul and Heather H.	(01325) 357090	Ian	(07711) 710716

COaC In2venture is part of the Christian Charity In2venture (registered number 518891)  
A network of Christian communities committed to enabling the exploration  
and expression of faith through outdoor activity